

Open Door

Open Door supports people to live a more

independent and fulfilled life.

Every Monday 10.00am-3.00pm at Bentley Youth and Community Centre.

£4.00 per person for activities.

Why not join us for lunch for an extra £2.50.

**If you are an adult with a disability, a mental health need or you are 'at risk',
Open door could support you.**

For more information please contact us on—
01922 721097/01922 474682

Open door location;

Bentley Youth and Community Centre

Wilkes Avenue

Bentley

Walsall

WS2 0JN



Every Monday 10am until 12.30pm

1st Monday of every month:-

11 till 12 a visiting speaker will come along to talk to the group about a variety of topics.

For the rest of the month on Mondays:-

Arrive at 10am for a cuppa and chat, catch up with friends and take part in a variety of planned activities:-

- . Pool
- . Bingo
- . Board Games
- . Computers
- . Wii Fit (Bowling, Table Tennis and lots more)
- . Crown Green Bowls
- . Gardening

At 12.30 lunch is served. You can choose from a light lunch menu including a drink of your choice.

Activities resume again at 1.30 giving you time to eat your lunch.

Another drink will be served at 2.30 just before the group finishes at 3pm.